

Category A –Animals

SPCA

Love animals? 2 ways to help SPCA Agency dedicated to protecting and enhancing the quality of life for animals in BC. You can volunteer WITH animals, providing care for cats and dogs: or you can provide help FOR animals as Shelter Host, on a Committee or as a Fundraiser Helper. Call the SPCA at 250.758.8444.

CATNAP SOCIETY

Several volunteers needed for various tasks for this local cat rescue organization in Nanaimo. Jobs such as taking cats to and from the vet, and spending time with cats and kittens at a north end pet store. Foster homes desperately needed. The Society supplies everything the cat needs. You must have your own transportation to get to the pet store. If you can spare one to three hours a week to help our animals in need, please call Cathy at 250.585.7710, Barbara at 1.250.947.9404, or email catnapinfo@shaw.ca

Category B –Bingo

Category C –Committee / Board Members

NANAIMO FOODSHARE SOCIETY

Board Members

Volunteers with leadership skills, interested in local food issues with fundraising experience, required for networking, marketing, creative thinking, problem solving, communications and a desire to be involved. Please telephone Crystal Dennison, Executive Director, at 250.753.9393 or email foodshareadmin@shaw.ca

CVI CENTRE FOR THE ARTS NANAIMO

Board members

Looking for volunteers who are interested in advancing arts facilities and growth in the Downtown Nanaimo Arts District. A great opportunity to participate in your arts community. Please call email 250.754.2264 or artsnan@island.net

NANAIMO ARTS COUNCIL

Board of Directors

Volunteers interested in joining the Board of Directors in time for the Annual General Meeting on August 26th Please contact Odette Laramee, Manager, at admin@nanaimoartscouncil.ca or call her at 250.729.3947

VANCOUVER ISLAND FILMMAKERS

Board Members

This new Society requires dedicated board directors experienced in start up and development of non-profit organizations. A commitment of 1 – 2 years is preferred. Please call Jeanette at 250.753.5589 after 11am.

NANAIMO TELEPHONE VISITING SOCIETY

11.12

Board Members

Volunteers needed on our Board of Directors. If you have leadership skills and have a passion to help seniors in our area, check our website at www.ntvs.ca and if you are interested, please email us at coord.telvisit@shaw.ca

CEDAR WOODS FARM**Board Members**

If you are interested in being on the Board of Directors of this farm program working with people with barriers, please email your name and area of expertise to Marjorie Driscoll at mdriscoll.vn@shaw.ca

C V I CENTRE FOR THE ARTS NANAIMO**Arts Minded Board Members**

New Board Members are invited to join this professional arts organization interested in advancing art facilities and the growth of the Arts District in Downtown Nanaimo. Email at artsnan@island.net

ACCESSIBLE WILDERNESS SOCIETY**Board Member**

If you have experience in the general operation of a Board of Directors, and/or a financial background and are willing to help this newly formed Society endeavoring to improve the lives of those living with physical challenges, please telephone Veronica Haslet at 250.591.7438 or email danbauer@awsociety.org

NANAIMO WOMENS RESOURCE CENTRE**Board Director**

Are you a retired or active accountant and would like to join an enthusiastic board to help guide the affairs of the Nanaimo Women's Resource Centre? Board meetings are monthly, and introduction, duties and mandates provided. Criminal Record check is required, paid for by the Centre. Please phone 250.753.0633 or email womenctr@telus.net

HIDDEN HEROES**Program Developers/Board Members**

Seeking two or more retired teachers who have an interest in Africa and would be willing to help make the Hidden Heroes programs culturally appropriate for schools in Ghana and Zimbabwe and other African countries. The program is currently implemented in 168 classrooms across Canada. Volunteers also needed to sit on the Board of Directors to work with the developers in adjusting the Hidden Heroes programs to meet the needs of First Nations students. Please contact Bill bill@hiddenheroes.org or at 250.741.7499

GLOBAL VILLAGE NANAIMO**Board Member**

This Agency is seeking an energetic and passionate individual with an interest in Fair Trade principles to join our non-profit organization's board! The board meets once a month and works with our Fair Trade Coordinator, guiding decisions related to the operation of our pre-Christmas retail store (running during the months of November and December). An accounting/ finance/bookkeeping background is an asset. For more information, please contact Marjorie Stewart at: marjorieandalstewart@shaw.ca

Category F –Facilitation, Instructing, Counseling, PR

NANAIMO WOMEN'S RESOURCE CENTER

10.20

Supporting Women's Issues

Are you passionate about today's women's issues? We are an active downtown center seeking compassionate women to help facilitate programs at the center. We are looking for knitters, writers, peer counselors, crafters, and skilled professionals interested in developing community based programs to help improve life skills of women. Please phone 250.753.0633 or email womenctr@telus.net

Category M –Miscellaneous

TOURISM NANAIMO

Visitor services

Volunteers needed for a weekly four hour shift. Strong communication skills, outgoing and helpful, good listener, knowledgeable of local amenities. As a Visitor Information Counsellor, you greet visitors, determine their needs and provide appropriate information and service. Various shifts available. Please contact Courtenay Bilton, Visitor Services Manager, at 250.756.0106 or email Courtenay@tourismnanaimo.com

SPECIAL OLYMPICS – NANAIMO (two positions)

1. Swim Coach

Volunteer required for one day per week, from September to April, with knowledge of swimming skills and how to teach the progressions. Training available. Criminal Record Check is required. Contact Sylvia Taylor at 250.758.0630 or email Sylvia-miller@shaw.ca

2. Figure Skating Coach

Volunteers required to coach from basic skills to competitive skating to athletes with intellectual disabilities. This is an ongoing position, one practise per week, from September to March, and a Criminal Record Check is required. Contact Sylvia Taylor at 250.758.0630 or email Sylvia-miller@shaw.ca

CANADIAN CANCER SOCIETY, NANAIMO UNIT

Campaign Mapper

Volunteers needed to prepare campaign maps for the Unit, update area and zone maps, prepare and identify walk maps, prepare a master file, update Campaign Chair, attend relevant workshops, become familiar with "where the money goes", etc. Ability to read maps, and good knowledge of community, and Canvasser experience preferred. Training provided. Drop your application to Sheila Redel at the Unit office, 777E Poplar Street, Nanaimo. Telephone 250.741.8180 to confirm office hours

NANAIMO 7 – 10 CLUB

Kitchen Server and Board Members

This Society is looking for Volunteer Kitchen/Server help and Board Members. The 7-10 Club Breakfast and Bag Lunch Program operates from 7:00 to 10:00am Weekdays. If you are interested in volunteering for the Breakfast Program contact Glen at 250 714 0917 during program hours or e-mail info@nanaimo710club.com, For information on becoming a Board Member contact the same number after 10:00am and leave a message or e-mail the 7-10 Club.

JOHN HOWARD SOCIETY

Landscaper

This is an excellent volunteer opportunity for an experienced, retired landscaper to assist in the development of a social enterprise. Orientation provided, could provide first-aid training. Criminal Record check is required. Please telephone Cheryl Dodge at 250.754.1266 for more information and/or to apply.

CANADIAN RED CROSS

Health Equipment Loan Program (HELP) Service Volunteer

Volunteers needed for a 4-hour shift per week 9.30am to 2pm or 1 – 4.30pm, Monday to Friday, to provide front line assistance to clients requiring to rent wheelchairs, walkers, etc. while maintaining the Red Cross quality assurance policies, and maintain accurate records. Please apply to Diane Marwick, HELP Coordinator, at 250.756.9363 ext. 222 or email diane.marwick@redcross.ca

GLOBAL VILLAGE

07.08

Cashier/Sales Clerk

Volunteers interested in working with the public, with attention to detail, required for this unique downtown gift shop for a 3.5 hr. shift open Thursday to Saturday 10am – 5pm. Training provided. Easy bus access. Those interested should call Sarah Schmidt at 250.716.6134 or email gvanaimo@gmail.com to apply.

NANAIMO HARBOUR WATCH SOCIETY

10.06

Harbour Patrol Volunteers

Volunteers required to patrol the Nanaimo harbour with another member, at different schedule times. One patrol per month. A criminal record check is required. This ongoing volunteer position requires a pleasure boat operators card. Training provided. If you are interested, please contact Bill Wilson at 250.754.3570 or email wh.wilson@shaw.ca

CEDAR WOODS FARM (3 positions)

1. **Driver:** Volunteers with valid Class 5 BC drivers license, experienced driver, patient, respectful and reliable, to transport clients with special needs to and from farm program at 2660 Holden Corso Road, Nanaimo. Shifts 8.45 – 10.15am and 3.30-5.00pm for one or two days a week. Criminal record check is required.
 2. **Gardener:** Experienced gardening volunteers to work in a market garden, and greenhouses with staff and students. Must be motivated, patient, respectful of clients with disabilities. Two hour shifts per week. Criminal record check is required.
 3. **Farm Friend:** Provide support and coaching to disabled adults with our program. Basic skills required: compassionate, support skills, nonjudgmental, mentoring ability, interest in gardening or cooking. Training and orientation provided. Criminal record check is required and you should be able to commit 2 ½ hrs a week on a flexible basis.
- For any of the above positions, please contact Pauline Griffiths, Volunteer Coordinator, at 250.323.3553 or email mcseeds@shaw.ca You may also apply in person. By bus, take #7 Cinnabar/Cedar loop, call ahead for pick-up.

PALLIATIVE CARE UNIT

Patient Care Volunteer

A patient, caring volunteer. who is able to massage and physically move arms and legs and able to communicate/understand non-verbal cues, is required to provide R.O.M. stretching exercises and light massage to A.L.S. patient one day a week. A one month commitment would be appreciated. Please contact Connie Galavan at 250.245.8128 or email connie@nisa.net

KIWANIS VILLAGE**General Store Volunteers**

Looking for two volunteers to help in the general store from 9 – 11am or 1 – 3pm on specific days. Store is open Monday – Friday. Criminal record check and interview required. Please phone Lori Hamilton at 250.740.2836 or email lorihamilton@kiwanisvillage.ca

B C LUNG ASSOCIATION**Meeting Support Person**

Greet members and have them sign in, set up display materials & coffee, and introduce the speaker at the ongoing meetings of Better Breathers on the 3rd Monday afternoon of the month from September to June. This support and education opportunity is for those with breathing difficulties.

For more information pls contact Diane Gillis 604.786.2452 or email dianegillis@shaw.ca

HEART & STROKE FOUNDATION

01.10

Door-to-door Canvasser

Volunteer with good interpersonal skills and comfortable talking to neighbours needed to canvass approximately 25 homes in your area to raise awareness and collect funds for research and health promotion. If you have 3 – 4 hours a week to spare, and would like to help, please call Marica Benvin, Area Administrator, at 250.754.5274.

NANAIMO STROKE RECOVERY GROUP**Exercise Facilitator**

A volunteer is needed on the 4th Friday of each month from 11am – 12noon at Bowen Park Centre to teach an exercise class for stroke victims. If this interests you, please call Rose at 250.753.5328.

VOLUNTEER NANAIMO**Used Computers Needed**

If you have an old used computer and would like to donate it to our computer service program, please call us at 250-758-7121 (Mon-Thurs, 9 – 3).

LITERACY CENTRAL V.I. (formerly Literacy Nanaimo)**Bookstore Volunteer**

Enthusiastic volunteers with a working knowledge of English, physically able to carry and lift books and boxes of books, required at our Bookstore, 19 Commercial Street. Volunteers will be trained to alphabetize, sort, shelve and price books, and customer service. Volunteers also needed for Dog Tales, the children's bookstore. For more information and/or to apply, please contact Jane at the Bookstore between 9am and 5pm, or call 250.591.2665.

TETRA SOCIETY**Handyman Volunteers**

The Nanaimo chapter of the Tetra Society needs technically minded volunteers with a few hours to spare every other month to help with the new projects the Society is undertaking. Skills such as carpentry, some plastic and metalwork, and even some small electronic work would be an asset. There may also be some computer-related, and fundraising projects in the future. Ideally, the volunteer is a handyman with own tools/workshop. If you are interested, please call Martyn at 250.722.4668.

KIDNEY FOUNDATION

Kidney Foundation needs your help. If you can spare a few hours a week phoning members to keep in touch, helping to organize fundraisers, or taking minutes at meetings periodically, they would love to hear

from you. Please call 250.758.3902.

“CITIZENS ON PATROL” NANAIMO

Volunteers needed for the ‘COP’ program throughout the community. This group of concerned citizens operate under the guidance of the RCMP and provide “eyes and ears” for the RCMP working in two person teams, mostly on weekends. Commitment of a minimum of 8 hrs a month, specialized training provided. Must pass a criminal record check, possess a drivers license and vehicle, and be in good physical shape. If you are interested or would like more information, please contact Brian Cornborough at 250.758.6535.

COMMUNITY POLICE PROGRAM- SPEED WATCH PROGRAM

Speed Angels

Take an interest in your community and road safety. Must be diligent, over 19 with clean driver’s license. Only 4 hours a month during school hours, great for safety minded individuals. All training and equipment provided. Call RCMP Traffic Section 250.754.2345.

Category O –Office

NANAIMO ART GALLERY

Tuesday Receptionist

Volunteer needed from 12 – 4pm on Tuesdays at 900 Fifth Street, Nanaimo. Duties will include reception, telephone work, internet research, greeting visitors, informing them of current exhibitions, helping with office duties. Basic office skills required. Please contact Chris Kuderle, Admin Director, at 250.740.6350 or email your resume to info@nanaimogallery.ca

VOLUNTEER NANAIMO

Tuesday or Wednesday Receptionist

Volunteer office receptionist required on Tuesday from 9am – 3pm or Wednesday from 12noon to 3pm, commencing September 2010. If you are a friendly team-player with a working knowledge of Windows, Outlook and Word, and can work in a sometimes-busy office, please call us at 250.758.7121 or email vn@volunteernanaimo.ca

CEDAR WOODS FARM

Office Administrator

Volunteers with office experience needed to work one day a week (9am – 4pm) or more if you wish. Must be patient and respectful of clients with disabilities. The Farm is located on Holden Corso Road. To apply, please contact Marjorie Driscoll at Volunteer Nanaimo 250.758.7121.

NANAIMO DISABILITY RESOURCE CENTRE

03.03

Front Desk Reception

Volunteer with good public skills, telephone manner and communication required at the reception desk for a four hour shift on Monday morning or Thursday afternoon. Training and supervision provided. If you are interested, please contact Brenda Currant at inquiry@nrdrc.org or call 250.758.5547.

NANAIMO WOMENS RESOURCE CENTRE

On-going Events Volunteer

Volunteers are needed at the Centre at various times during the year. Hours are minimal commitment and you would be required to assist with information tables, assist with fundraising and organizing. You should be

able to communicate well with the public and have an enthusiasm for the grassroots work done in the community. Please phone 250.753.0633 or email womenctr@telus.net

Category S –Seniors

NANAIMO TELEPHONE VISITING SOCIETY

Office Assistant

Two volunteers needed to assist with specific projects. Training provided. Update your skills while providing a valuable service. NTVS provides volunteers who connect with seniors experiencing a degree of loneliness either by phone or in person.

History Project Assistant

In celebration of NTVS 30th anniversary several volunteers are needed to assist in putting together all the bits and pieces collected into albums and affect a history of the society in a format which is interesting and portable. Ability to work in a team that is able to use or learn basic office products.

To help out in the office contact

Christine McCubbin 250.756.9455 or email coord.telvisit@shaw.ca

YANA

Visit with a pet.

You Love Your Pet. Share that love with a lonely person. Befriend an elderly person and bring your ray of sunshine along. Commitment is only 30 minutes a week over a longer term. Excellent family or youth volunteering opportunity! **Diane Morris 729-0233**

Category T –Time Sensitive

THEATRE ONE

18th Annual “Bite of Nanaimo” 24 September 2010

Volunteers required for various jobs for this fundraising event at Beban Park Auditorium. The first shift includes set up from 9am – 1pm including moving tables and chairs. The second shift is from 3 – 11pm split into 3 – 4 hour shifts, and includes bussing tables, ongoing cleanup, tearing down at end of event. Volunteers will receive a complimentary entry ticket to the event (worth \$12.00) but will be responsible for purchasing their own “bite” tickets. Please contact Sara Reeves at 250.754.7587 or email info@theatreone.org to sign up.

VOLUNTEER NANAIMO

Clinic Moving Day Volunteers

Strong able-bodied volunteers needed to help us move office furniture into our new Dental Clinic above the Rendezvous Restaurant in downtown Nanaimo the week of September 13th. One or two days work. Please call us to register your name at 250.758.7121 and we will contact you to advise the exact date/time etc.

VARIETY CHILDREN’S CHARITY

Nanaimo Radiothon, September 8/9, 2010

Volunteers needed to collect donations at our Drive Thru location at Steve Marshall Ford on Wednesday September 8th from 8am to 6pm, and on Thursday September 9th from 8am to 4pm. A commitment of a 2 hr shift required. All volunteers will fill out a Variety volunteer application and sign a confidentiality waiver.

Please contact Pat Cox, Volunteer Team Leader, at 250.327.5576 or email pm.cox57@yahoo.com

ETRA THERAPEUTIC RIDING ASSOCIATION**Sidewalker, Fall Session Sept. 21 to Nov. 9, 2010**

The Pyramid Stables now located at Superior Road beside Winchelsea Golf Course, Lantzville, require volunteers who are over 19 years of age to assist riders on horseback, walking alongside the horse for one hour, holding the rider on the horse.. A commitment for the 8 week session required. A criminal record check is required, and orientation is to be held on September 14th at 10am. Please telephone Karen at 250.754.4962 or Jan at 250.248.2802.

BIG BROTHERS BIG SISTERS OF CVI**Harbour City Half-Marathon Run Volunteers, September 5, 2010**

Road Marshals, watching runners, water stations and crowd control required for this event at Maffeo Sutton Park from 7.30am to 11.30am. Volunteers should be able to stand for 3-4 hrs and do some walking. A commitment of 4 hrs is required. Please contact Lisa Fiske at lisa@bigscvi.ca or call 250.756.2447 to apply.

KIDSPORT NANAIMO (7 positions)**“All for the Kids” Corporate Challenge – September ’10 to May ’11**

A few hours a week is required, increasing closer to the event. For full details and/or to apply, please contact Catharine Edwards at 250.740.6572 or email cedwards@pacificsport.com

1. Volunteer Coordinator

The volunteer with excellent communication and time management skills will sit on the “All for Kids” organizing committee, Chair volunteer committees, recruit volunteers and maintain information lists and provide to Registration Coordinator, schedule and guide volunteers, arrange setup and take down where necessary. Take direction from Chairperson.

2. Sponsorship Coordinator

The volunteer with excellent communication and time management skills will sit on the “All for Kids” committee, Chair sponsorship committee, coordinator corporate sponsors, assist with door prizes, provide sponsors’ design and size of logos to Promotions committee. Assist with set up and take down.

3. Registration Coordinator

The volunteer will sit on “All for Kids” Committee, Chair registration committee, coordinate team packages and team captain meetings, prepare PowerPoint presentation, prepare evaluation forms and hand out to participants, hand out t-shirts, water bottles, door prizes etc., answer questions from participants, post maps and schedules at HQ.

4. Finance Coordinator

The volunteer with a financial background and excellent communication skills will sit on the “All for Kids” committee, and work closely with other volunteers, attend organizing committee, finalize budget with Chair, track all transactions and pay bills for for KidSport Nanaimo and Pacific Sport, and present financial report after the event.

5. Hospitality Coordinator

The volunteer with excellent communication skills will sit on the “All for Kids Committee, attend month organizing committee meetings, Chair the Hospitality Committee, organize food venues and sponsors for refreshments and meals, arrange caterer, ensure banners are displayed, recruit volunteers.

6. Promotions & Awards Coordinator

The volunteer with excellent communication and time management skills will sit on the “All for Kids” committee, attend month organizing committee, Chair promotions & awards committee, prepare promotion material, coordinate with sponsorship coordinator on signage, arrange for awards and organize awards presentation ceremony with script.

7. Results Coordinator

The volunteer with excellent communication skills and attention to detail will attend monthly organizing committee, Chair Results committee, prepare scoring system spreadsheet, create individual scoring sheets, recruit volunteers, tabulate results on event day, coordinate with sports event captain.

For full details and/or to apply, contact Catharine Edwards at 250.740.6572 or email her at cedwards@pacificsport.com

PACIFIC SPORT (two positions)

Operation Red Nose - September '10 to January '11

A few hours a week is required. **For full details and/or to apply**, please contact Catharine Edwards at 250.740.6572 or email cedwards@pacificsport.com

1. Volunteer Coordinator

The volunteer will recruit and retain volunteers, advertise volunteer opportunities, distribute application forms, promote and organize volunteer appreciation brunch, secure catering/venue, arrange gifts, set up and take down on the day, submit evaluation report.

2. Sponsorship Coordinator

The volunteer is responsible should be positive, highly responsible and professional, able to renew the restaurant and pub pack partners agreements and create new agreements for ORN, work under direct supervision of ORN Coordinator, and with other staff members. Will sit as a member or organizing committee, distribute promotional materials, ensure "night sponsor" recognition at HQ, submit evaluation report

BIG BROTHERS BIG SISTERS OF CENTRAL V.I.

"Golf for Kids Sake Classic" Committee Members

Enthusiastic volunteers needed to participate in monthly meetings, four – six hours a month, from now until the event date of September 19, 2010. If you have time to spare and are interested in helping, please call Lisa Fiske, Fund Development Coordinator at 250.756.2447, email lisa@bigscvi.ca or drop by the office at #3 - 2350 Labieux Road, Nanaimo.

DOWNTOWN NANAIMO BUSINESS IMPROVEMENT ASSOCIATION

Cruise Ship Ambassadors

Volunteers needed for three separate date for visiting cruise ships as follows: April 30th, May 19th and **September 18th**, 2010 to greet all ship visitors, answer any questions, direct visitors throughout downtown Nanaimo in area of waterfront, arts district and Old City Quarter. If you are friendly and outgoing, can spare four hours of your time, and would like to try this, please contact Shelly Schultz at 250.754.8141 or email shelly@nanaimodowntown.com

MS SOCIETY.

Secretary to the Administrator/Fundraiser

Hours/days flexible but requires a degree of dependability. Computer skills a must. A variety of tasks especially around fundraising events such as Walk, Golf, and Pedal Car events.

Pedal Car Fundraiser at Show 'n' Shine

Volunteers needed to sell tickets for the collectors' edition pedal cars at all the big Show 'n' Shines. For more information and/or apply, please call Yvonne at 250.754.6321.

CANADIAN BREAST CANCER FOUNDATION

"Run for the Cure" October 3, 2010 (8 positions)

Many volunteers required for this annual fundraiser, including Volunteer Coordinator, team Coordinator, Stewardship Coordinator, Sponsorship Coordinator, Run Day Program Coordinator, Route Coordinator, Communications & Promotions Coordinator, and Community Outreach Coordinator. Please visit <http://www.cbcf.org/en-US/BC%20Yukon/Support%20Us/Volunteer%20%281%29.aspx> to view full details of all these positions and/or to apply for any position, or call Kimberly Hodge toll free at. 1.800.561.6111 x242.

Category Y –Youth**BIG BROTHERS BIG SISTERS**

7.9

In School Mentor

Help to make a difference in the life of a Child. During the school year, become a mentor one hour per week. A minimum of six month commitment is required and also criminal records check. Please call Dean at 250.756.2447