

Volunteer Nanaimo



February 2021

3148 Barons Road, Nanaimo, BC V9T 4B5

Dates to Remember

OFFICE CLOSED:
Monday February 15



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Contact Us

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Phone: 250-758-7121
Email: vn3148@gmail.com

Facebook: 'Volunteer Nanaimo'
Website:

<http://www.volunteernanaimo.ca>

Hours of Business: Mon. to Thurs.
9 a.m. to 3 p.m.



Member of the Month Haven Society

Since 1978, Haven Society has provided services in the mid Vancouver Island region for women and children who have experienced violence in their lives.

Haven Society's mission is to promote the integrity and safety of women, children, youth and families and the development of a respectful and healthy community. As a leading anti-violence organization operating from feminist principles, Haven Society achieves this mission by providing a range of services, public education and advocacy.

Our vision is to work with our community to end violence against women, and to create and support a safe community. This includes providing programs and services that help those in immediate need find shelter and support for tough transitions in their lives.

Haven Society offers a variety of services through multiple sites including the Community Services Building, Transition House, Boundary Housing Project, and Parksville-Qualicum Haven House. The programs provide safe and supportive environments where women and children can begin to heal from the effects of physical, sexual, and emotional abuse.

Haven Society's
programs support
self-awareness,
self-reliance,
and self-esteem.



Continued over

Haven Society continued

Currently, our programs include Drop in, Women's Counseling, Prevention, Education, Advocacy, Counselling, & Empowerment (PEACE) Program, Community Victim Services, Outreach, Haven Transition House, Parksville/Qualicum, Men Choose Respect, and the Responder Program.

Haven also works within the communities in a number of ways including program delivery in schools, community outreach, advocacy and awareness, community building, and fundraising projects.



**For more information,
please call us at
250-756-2452
or visit us online at
www.havensociety.com**

Volunteer Voices

"I began volunteering with Haven Society as I wanted to help other women in a way that I wish I had over the years.

When looking for a place to volunteer my time, I knew I wanted somewhere that provided a positive impact on the community, and Haven Society does just that.

My favourite part of volunteering at Haven Society is knowing that I am helping women and children, and contributing to an overall healthier community. Every staff member and volunteer I have talked to is passionate about promoting the integrity and safety of women, children, youth and families. Volunteering at Haven Society has also overall heightened my understanding of diversity and inclusiveness.

Haven Society is here to fill a big void in our community for an ongoing problem that exists in our society. By helping with Haven through donating, volunteering, or being a supporter, our entire community is benefitting."

- *Two-year anonymous events and donation volunteer.*

*"You are the North Star to the world—
so shine my friend,
shine with all the life in your veins—
for your shine will give direction
to the lives of others."*

Ahijit Naskar



Ongoing Programs

Tax Return Service

for low income clients

We can help you with your simple tax return – Fridays and Saturdays in March.

Please call for information or to make an appointment:
250-758-7121



WATCHDOG Computer Services

*by
donation*

Providing technical support for non-profit agencies and individuals within our community. We offer computer repair, software upgrades, network setup, malware removal, and computer upgrades. Volunteers also provide instruction and advice for technology users.

Offered by donation - plus cost if parts are purchased. Quite often recycled parts harvested from donated computers are used to minimize the cost.

We welcome donations of used computers, which are refurbished and redistributed to members of the community.

More information: 250-758-7121



Baa Baa Black Sheep ...

Our **Angel Network Knitters** welcome your donations of washable yarn to knit into squares that are pieced together into blankets for babies, seniors, anyone moving into a new home...

Call us at 250-758-7121
Or drop them off at 3148 Barons Road
Monday to Thursday, 9am to 3pm.

The work that we – and other agencies - do in the community has a real impact on many people’s lives.

It’s always wonderful to hear back from those using our programs and services.

Thank you cards and notes flooded in after Christmas from clients who received gifts and hampers through our Christmas Angel program.



Volunteer Nanaimo Youth Making a Difference!

Youth 20/20 Can & Youth NetWork of Volunteer Nanaimo



We are celebrating!

Youth 20/20 Can is a project for youth between the ages of 15-29. It brings youth together to share ideas, get involved, have fun and to help shape the community. Our goal is to have each youth complete 120 hours of volunteering in a year. This month we celebrate those who have achieved that milestone.

Congratulations to each one of you!

It is such a great accomplishment. Imagine what each of these youth has done in 120 hours!



Youth 20/20 Can is an ongoing project; new members join us all the time. There are about a million good reasons to volunteer with Youth 20/20 Can. Free training and learning workshops, make connections and build your confidence, networking, build your resume, get references, inspire change in our community, follow your passions for causes you care about, to give back, make friends & have fun.

If you would like to join us or if you know of someone in this age group who is looking for something new in 2021, we would love to hear from you. Just email us at youth2020cannanaimo@gmail.com

Volunteer Nanaimo has two youth programs - Youth 20/20 Can and Youth NetWork. Youth 20/20 Can members are excited to work in collaboration with those of the Youth NetWork, which is for youth between 11-17 years old. Youth NetWork members join projects, discussions and share in fun activities. Currently all meetings & projects are virtual. To find out more about

Youth NetWork please email volunteernanaimo.youthnetwork@gmail.com.



Neighbourhood Clean Up Project is one of our February initiatives. On Feb. 5, 6, & 7 we invite community members to join us by cleaning up their neighbourhood. Send us a photo of your clean up on [Facebook](#) or [Instagram](#) or by email at Youth2020cannanaimo@gmail.com and be entered for a chance to win our Green Prize!

Note: Any pictures sent in are subject to be posted online.



A special thank you to the City of Nanaimo for donating items towards our prize.

Although we can't be together to do events right now, we can still make a huge impact by working together. We hope you will join us. Together we can make an



This newsletter is published monthly by Volunteer Nanaimo, which is solely responsible for its content.

www.volunteernanaimo.com

Editor Lois Peterson

If you'd like to know more about anything you read here, or would like to contribute material, please email us at vn3148@volunteernanaimo.ca with 'Newsletter' in the subject line.

We gratefully acknowledge the support of the Province of British Columbia – Gaming Commission

