



JUNE 2020 NEWSLETTER

Happy Father's Day to all the fathers, dads, daddies, stepfathers, grandfathers, grandpas, pop-pops, uncles, and any other man who cares for, supports, encourages and loves a child as if they were his own! We also celebrate the moms doing double duty as both mom & dad to their youngsters! Celebrate the love that is family!



Continuing thanks



-thank you for the donations that allow Volunteer Nanaimo, through our Angel Network, to help people in the community who struggle throughout the pandemic

-thanks to all of the essential workers out there making sure we have everything we need to get through this pandemic. If you are working or volunteering your time, your contributions are helping us to make it through!

-thanks to the Volunteer Nanaimo "Watchdog" tech team who continue to provide services and help seniors (and others) in need of technology assistance while upgrading donated computer equipment.

-thanks to our volunteers who go above and beyond, who pop into the office to check and answer messages to ensure that our clients are looked after

Volunteer Nanaimo Fundraising Raffle



Volunteer Nanaimo is disappointed in not being able to host our annual Father's Day "Touch a Truck" event this year. Proceeds from this event support our Youth Network Program. In lieu of "Touch a Truck", we will be holding a community-wide raffle. First prize is a beautiful patio set donated by **Lowe's Nanaimo**. Tickets are \$2 each or 3 for \$5, with the draw to take place on July 1st at 10:00 at the VN office. Second prize will be a \$200 **Lowe's** gift card. Just in time to spruce up your summer yard or household projects!

Please support Volunteer Nanaimo so that we are able to continue to support our community of young people through our Youth Network! Please go to our website at www.volunteernanaimo.ca and click on the "Raffle" button to buy tickets or drop by the office after June 8! Check out the wonderful items for summer, and your home, at **LOWE'S** at Nanaimo North Town Centre, Rutherford Road.

"PORCH PHOTOS" FUNDRAISER

by Val's Photography

We are honoured that Valerie Mumford (Val's Photography) is assisting with fundraising for Volunteer Nanaimo! Valerie has offered to take a "Porch Photo" of your family, children, "furbabies" or any combination therein at your home. She can also make arrangements to take pictures for parties or special occasions. Just call the office at 250-758-7121 and Valerie will contact you to make an appointment. The fee is \$25 for the "Porch Photo" with proceeds going to support services at Volunteer Nanaimo. Check out Val's facebook page!

Member of the Month



Nanaimo Hospice Care Society

anne middleton

A place, a community and a philosophy. Dying and grieving are part of life's greatest challenges. Nanaimo Hospice believes that everyone facing the challenges of death – regardless of who, deserves support. With compassion and dignity, our volunteers and professional staff offer free programs, support and resources.

Their Mission

To offer skilled, compassionate support, education and advocacy for those living with advanced illness, dying and bereavement.

Client-Based Volunteers

Anyone wishing to volunteer with 'client care' programs will attend a 40-hour training program. Upon completing this training, volunteers enter a mentorship with seasoned volunteers. Following this, volunteer opportunities will include support for individuals and families in homes, hospital- palliative care unit, or facilitation of support groups. Palliative Care Unit at NRGH: Volunteers support patients and families in the hospital. Orientation to the hospital and mentoring provided. Home Visiting: Volunteering with palliative clients and the caregivers offering practical support and respite for the caregiver. Adult Group Facilitation

Volunteers facilitate bereavement programs, after receiving continuing education, and mentoring on becoming an effective facilitator. Complementary Therapies - Self Care Clinic - A Scented Space These programs require the standard training plus skills in some complementary therapies (reiki, healing touch etc.)

Other programs include :

Child and Youth Program Comfort Cushions and Shawl Program Office/House –

Nanaimo Community Hospice Society is always looking for gifted, caring and compassionate men and women, who would like to join our team of volunteers.

1080 St. George Crescent. Nanaimo
(250) 591-8811 | info@nanaimohospice.com

Autism Library



Are you aware that Volunteer Nanaimo hosts the Autism Society of CVI's Autism Library? With everyone becoming a "teacher" to your youngsters, perhaps you could use a little extra help with ideas for fun and coping. The public library may be closed for now, but we are doing our best to support this segment of our community. We have games, books and videos for all members of the family that deal with a special someone in your life. Drop by after June 8 or call 250-758-7121 to book an appointment to borrow some of the wonderful resources available outside our regular hours.. We practice all social distancing protocols and request the wearing of masks while meeting in our premises and only allow one person at a time to access our library.

Vancouver Island Community Knitters Association

Yes indeed! We continue to actively seek out knitters and crocheters to make 8" squares sewn together to make blankets. We believe that the need continues to be great, and it is a terrific way to pass the time!

If you would like to contribute to VICKA and need some wool to get started, please phone Volunteer Nanaimo at 250.758.7121 and leave a message. If you have yarn to donate, that would be amazing!

CATSPAN



CatSpan is a volunteer-based non-profit registered charity which relies solely on donations and fundraising events. 100% of all proceeds go directly into cat care. Without your support, feral cats will go untreated and without food or shelter. Please help end their suffering. CATSPAN is hosting an on-line auction fundraiser June 13 - June 20, 2020. Check out this website at: <http://www.catspanferals.com> or check out their facebook page: Catspan Registered Charity. Catspan actively seeks volunteers!

Tom's View

by juliana laboucane (c) 2020

Goslings on the riverbed,
Goslings in the new grass,
Goslings waddle to and fro
along empty bicycle paths.

Goslings on the playground,
Goslings in the sand pit.
One brave gosling climbs the slide
but gravity returns it.

Goslings in the dry outdoor pool,
Goslings on the picnic tables,
Goslings flock and flap their wings
in little gosling gaggles.

Goslings on the cracked sidewalk,
Goslings in the street,
Goslings toe the property line

with their webbed three-toed feet.

Poor Tom upon the sunbathed sill,
which typically brings him pleasure,
endures with disdain the gosling parade
of tumbling fluff and feathers.

Since March they've kept him locked inside
with themselves, of all things, for some reason.
Though for now he'll abide and flick his tail,
Tom waits for spring's next open season.