

Volunteer Nanaimo



Dates to Remember

We are CLOSED

Monday, September 5



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Contact Us

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Email: vn3148@gmail.com

Facebook: 'Volunteer Nanaimo'

Website:

<http://www.volunteernanaimo.ca>

Hours of Business:

Mon. to Thurs. 9 a.m. to 3 p.m.



Member of the Month:

Nanaimo Youth Services Association

Nanaimo Youth Services Association (NYSA) is a community-based, not-for-profit, charitable society. It has provided a range of residential and employment/training services to youth in the Nanaimo regional since our incorporation in 1969. 2022 marks our 53rd anniversary!

NYSA Vision: An environment that encourages and empowers youth to reach their fullest potential.

NYSA Mission: Develop and maintain a community that provides youth with meaningful connections and integrated opportunities for learning, development, and independence.

NYSA Clientele: Anyone between the ages of 15-30.

NYSA Programs

BLADERUNNERS is a provincially-funded employment-training program for youth aged 16- 30. The program is four weeks long - three weeks in class and one week work exposure. Trainings run 11 times a year, vary based on job market, but may include Construction, Landscaping, Career Exploration and Customer Service, based on the stream offered. All cohorts participate in Life Skills training.

Life Skill Trainings (tailored to group) - Life Skills (boundaries, communication, self-esteem, anger management, etc.), Resume and Interview skills and coaching.

Construction: First Aid Level 1, Fall protection, WHMIS, asbestos awareness (and sometimes confined space), transportation endorsement, MSI Injury Prevention.

Customer Service: First Aid Level 1, Serving It Right, SuperHost, FoodSafe Level 1, Barista training

Career Exploration: First Aid Level 1, WHMIS, transportation endorsement, FoodSafe Level 1, SuperHost, Serving It Right.



NANAIMO YOUTH SERVICES ASSOCIATION

Nanaimo Youth Services Association *Cont.*

DIVERSE FUTURES is a federally-funded employment-training program for youth aged 16 – 30 years old. The program is 18 weeks long, four weeks in class, and 14 weeks work exposure. Training four times per year includes Snuneymuxw Culture Training, Culinary Training, and Customer Service. Participants are paid an hourly wage, provided with employment supports, training and certificates, transportation supports and work clothing and tools.

SUPPORTING YOUNG FAMILIES supports young families in the Nanaimo region. Bi-weekly meetings are held at our private playground where parents can bring their kids to socialize, ask questions, and learn about various parenting-related. The program also offers free donated items such as children's clothing and essentials, cribs, toys and more!

HOUSING - Youth Housing: Youth Housing offers youth between the ages of 16 – 19 an opportunity to live independently in a supportive and affordable environment. Apartment-style complex – bachelor suites, and two-bedroom units. Staff are available 22 hours; rent is BC Housing-subsidized. **Rowe Housing** offers young adults aged 19 – 30 safe and affordable dormitory-style housing. The rental is \$525pm; tenants must be working or in school. Units are furnished and utilities are included.

RENTSMART CERTIFICATE TRAINING - 12-hour program provides education and support to tenants. RentSmart includes tenant rights and responsibilities, landlord expectations and responsibilities, communication skills, budgeting, maintenance and safety

L2N DRIVING is a no-cost driving program, in partnership with the Snuneymuxw First Nation. Participants are provided with driving lessons and practice time in an L2N vehicle. The cost of the road test is covered by NYSA and SFN.

SUPPORTED LIVING PROGRAM - life skills support for youth who are permanent wards of the Ministry of Children and Family Development and on Youth Agreements who have been referred to SLP by the Ministry.

Learn more: <https://nysa.bc.ca/> | reception@nysa.bc.ca | 250-754-1989

WATCHDOG Computer Services

We offer technical support for non-profit agencies and individuals. Offered by donation - plus cost of parts if purchased.

We welcome donations of used computers which are refurbished and redistributed to members of the community.



NEWS FLASH!
We currently have
**both laptop and
desktop computers for
back-to-school use.**

More information, call us at:



250-758-7121.

Learn more about this special program
which connects seniors with volunteers.

YOU'RE INVITED!

*Hand in Hand
Intergenerational Storytelling
Tea & Open House*

SEPT. 21ST, 2-4PM,
OLIVER WOODS MONARCH ROOM
6000 OLIVER RD, NANAIMO, BC
RSVP
HANDINHANDNANAIMO@GMAIL.COM





wish list

We gratefully accept donations of the following items which we pass along to agencies who will make good use of them by providing them to their clients.

Your new or gently-used donations are very much appreciated.

- + **Bath towels** (not bath sheets)
- + **Men's track suits / PJ bottoms / socks**
- + **Art supplies** for school students: Crayons, markers, pencils, craft paper...
- + **Washable yarn** – for our Angel Crafters to make squares for blankets.
- + **100% cotton fabric** – for pillowcases.
- + **Back to school shoes and puddle boots** for children.
- + **Country Grocer receipts** – provide grocery cards for Christmas Angel clients.

Drop donations off at the Volunteer Nanaimo office

3148E Barons Road
Monday to Thursday,
9am to 3pm.

vnanaimo@gmail.com



MARK YOUR CALENDARS!

GET CRAFTING!

Our Second Annual Christmas Craft Fair will take place
Saturday, December 3



Table rental \$25.00

All proceeds benefit our Christmas programs.

Contact vnanaimo@gmail.com for more information or to

book a table:

vnanaimo@gmail.com

250-758-7121



Make a difference to the lives of seniors and people with disabilities in your community.

Helping Hands - 'It's the Little Things'

The Helping Hands program helps seniors and persons with disabilities with everyday tasks. We seek volunteers with skills for the following types of tasks: de-cluttering, gardening, light housework, minor repairs, etc. You do not need to commit to volunteer regularly— just take on opportunities that suit your schedule and skills.

It is these kinds of 'Little Things' that impact lives for the better.

Find out more: 250-758-7121 or

vnhelpinghandsvolunteer@gmail.com.

Volunteer Nanaimo Youth Making a Difference!



Youth 20/20 Can & Youth NetWork of Volunteer Nanaimo



We have had a fun summer volunteering!

From racing at the **Silly Boat Regatta**, gardening at **Growing Opportunities** farm to **hosting a pop-up fair**, our youth made a significant difference in our community.

Our programs run all year long, so if you're looking for fun volunteer opportunities, check out Youth NetWork and Youth 20/20 Can.

If you are between 11-29 years old and want to be involved, get connected and help shape the community, we want to hear from you! Our volunteer programs allow youth to follow their passions, explore their interests, and have fun, all while helping them build their self-confidence, personal skills and resumes for the future.

Upcoming opportunities:

Youth Art Show in Partnership with the Vancouver Island Regional Library. On October 1st we are hosting a youth art show workshop and invite all Nanaimo youth artists to participate. For more details email Gwen at youth2020cannanaimo@gmail.com

Youth Network is hosting **free guitar lessons** every Tuesday evening at 5 o'clock at the Volunteer Nanaimo office. To join the fun email Cam at volunteernanaimo.youthnetwork@gmail.com

Follow our Instagram and Facebook pages @youth2020cannanaimo and @volunteernanaimo.youthnetwork.

For more information email: youth2020cannanaimo@gmail.com or volunteernanaimo.youthnetwork@gmail.com



This newsletter is published monthly by Volunteer Nanaimo, which is solely responsible for its content.

www.volunteernanaimo.ca

Editor Lois Peterson

If you'd like to know more about anything you read here, or would like to contribute material, please email us at vn3148@gmail.com with 'Newsletter' in the subject line.

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