

Volunteer Nanaimo



Dates to Remember

We are **CLOSED**
Monday, October 9



Open House
Tues. Oct. 17, 1-3pm.

In This Issue

p.1 Volunteer Nanaimo
OPEN HOUSE

p.2 Member of the Month:
The Autism Society
Ongoing Programs

p.3 Angel Network

p.4 Youth 20/20
Youth Network

Contact Us

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Email: vn3148@gmail.com

Facebook: 'Volunteer Nanaimo'

Website:

<http://www.volunteernanaimo.ca>

Hours of Business:

Mon. to Thurs. 9am to 3pm



OPEN HOUSE

New date:

PLEASE JOIN US!

Tuesday, October 17
between 1pm and 3pm
(postponed since September)

3148E Barons Road

- ◆ *Learn about our programs and services.*
- ◆ *Meet our Board member and volunteers.*
- ◆ *Enjoy coffee or tea and a snack.*



"There is no power for change greater than a community discovering what it cares about."

Margaret Wheatley

Member of the Month: Autism Society of Central Vancouver

The Autism Society of Central Vancouver Island is a non-profit community-based group working to support families and individuals by providing information about autism spectrum disorder.

Once the diagnosis of Autism Spectrum Disorder has been given, the parents/caregivers should be in contact with the Ministry of Children and Families whose department for Children and Youths with Special Needs provides information on available resources, some of which are described below.

Registered autism service providers & other resources:

The Registry of Autism Service Providers (RASP) list is updated weekly by ACT (Autism Community Training). It is a listing of professionals that parents contract with to provide services to their children with autism. It is important to know that parents of children under six years of age with ASD must choose their professionals from this list if they wish them to be paid by the Ministry of Children & Families (MCFD).

For more up-to-date information and broader location information, access the complete information and therapist lists at www.actcommunity.ca/rasp/search

Transformations Learning Centre provides specialized education services for children, kindergarten to Grade 12, who are diagnosed with Autism Spectrum Disorder and other neuro-developmental disabilities

<http://www.transformationslearning.org/>

Claro Learning Centre is devoted to the education of children and youth (K-12) with special needs using holistic and individualized programs (www.clarocentres.com).

The Nanaimo Unique Kids Organization (NUKO) is a registered Canadian charity that supports the needs of children and youth with neuro-developmental disabilities, and their families. They also sponsor a Parent Support Group – www.uniquekidsorganization.com).

A new early intervention program starts in September.

NUKO's Early Intervention Program offers the following:

- Up to 10 hours of 1-to-1 behavioral intervention a week
- Individualized programs written and overseen by a highly qualified behavioral consultation team
- Functional skills training
- Academic skills training
- Group and recreational time
- Life skills training
- Support to transitions to school settings

Check the website for registration and more information about NUKO. www.nuko.ca

Registered autism service providers & other resources, cont.

Footholds Therapy Learning Center uses a collaborative approach which places learners and their families first and provides individualized educational services with a high staff ratio. The center is committed to academics while recognizing the validity and uniqueness of an individual's specific learning style (K-12). (email footholds@me.com) (www.footholds.ca)



Contact via email: at: www.autismsocietycvi.ca

Volunteer Nanaimo Ongoing Programs



Our Watchdog Tech Team helps you with your technology challenges and matches non-profit groups and individuals with used or refurbished tech equipment.

Tax Program – volunteers help low-income individuals and families with their tax returns.

By appointment – one Friday a month.

For more information call 250-758-7121,

or check our website at

www.volunteernanaimo.com



Volunteers needed...



...to knit squares that will be sewn into blankets for the elderly, children and families needing warmth and comfort.

Use your own sayelle yarn, or drop by our office for supplies and a copy of the square template.

*Call us for more information
250-758-7121*

Back to School Blitz



Kids in our community need:

- Boots & Shoes** – new and lightly used
- Backpacks** – new and lightly used
- School supplies**
- Packaged snacks:**

Cheese & crackers, pudding cups, drinking boxes, boxed raisins
(no nut products please).

Thanks to everyone who already contributed so generously.

Donations still welcome at the Volunteer Nanaimo office,
E3148 Barons Road
Monday to Thursday, 9am – 3 pm.

Volunteer Nanaimo Youth Making a Difference!



Volunteer Nanaimo provides youth with the opportunity to learn and develop leadership skills while making a difference in the community through volunteering.

At Volunteer Nanaimo, we offer two programs:

- **Youth Network** is for 11- 17-year-olds who want to volunteer at events in the community. It is a great program to start your volunteer journey with.
- **Youth 20/20 Can** is a youth-led project for 15-29-year-olds. Youth volunteers share ideas about projects, events or activities that matter to them. Then youth work with community partners, to turn their ideas into reality.

Our youth volunteers participate in free workshops, build connections, gain employment skills, have fun, meet new friends, and lead change. **We invite new members between 11-29 to join us.** If you are a community group, non-profit organization or business and want to partner with Youth 20/20, contact us.

Upcoming Events

◆ Garbage Clean-up with VIU Eco Club

This month, we are partnering with the VIU Eco Club on a garbage clean-up on **Sunday, October 1st**.

◆ Group Guitar Lessons with Cam

Every Tuesday, 5 to 6pm. we offer group guitar lessons at Volunteer Nanaimo.

◆ Bi-weekly planning meetings

On Wednesday, 6 to 7:30pm, October 4 and 18

Youth 20/20 Can hosts meetings where youth meet to discuss and plan projects and events that matter to them.

◆ Sing-song with Seniors

We are hosting a sing-song for seniors at Eden Gardens.

If you are musical, we welcome you to join our **sing-song practice on Tuesday, October 3** and the **sing-song on October 7**.

◆ Safe Space Meeting with Dani

On Monday, Oct. 2nd, 16th and 30th from 6-8 pm. we are holding safe space meetings for LGBTQ+ youth and allies at Volunteer Nanaimo.

◆ Halloween for Hunger

We are hosting our **annual Halloween for Hunger event on Saturday, October 28, from 11 a.m. – 6 p.m.**

at Save-On-Foods, Country Club Mall. We will be collecting non-perishable food donations for Loaves and Fishes.

We hope we can count on your support!



FOLLOW US

Instagram and Facebook pages
@youth2020cannanaimo and
@volunteernanaimo.youthnetwork

This newsletter is published monthly by Volunteer Nanaimo, which is solely responsible for its content.

www.volunteernanaimo.ca

Editor Lois Peterson

If you'd like to know more about anything you read here, or would like to contribute material, please email us at vn3148@gmail.com with 'Newsletter' in the subject line.