

Volunteer Nanaimo



Dates to Remember

April 4 and 25 at 1pm.
Seniors' Events (p. 3)

April 14 - 20
National Volunteer Week



Member of the Month:

Nanaimo Hospital Auxiliary

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Youth 20 / 20
Youth Network

Contact Us

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Phone: 250-758-7121

Email: vn3148@gmail.com

Facebook: 'Volunteer Nanaimo'

Website:

<http://www.volunteernanaimo.ca>

Hours of Business:

Mon. to Thurs. 9am to 3pm

The Nanaimo Hospital Auxiliary was founded in 1900, when a group of ladies got together to organize assistance to the Nanaimo Regional General Hospital (NRGH).

Over the years it has grown significantly to include 228 volunteers, 14 of whom are men.

The Auxiliary is run entirely by volunteers whose fundraising efforts have expanded from raffles and bake sales to the introduction of the Hospital Gift Shop in 1980, and the Thrift Store in 2005.

Many of the Auxiliary's volunteers have been part of the organization for decades. What drives this passionate and dedicated team is that proceeds support essential medical equipment and patient care and comfort items at the Nanaimo Hospital. These amazing volunteers have collected and donated millions of dollars to NRGH over the years.

This year alone, the Auxiliary will be donating in excess of \$800,000 to NRGH.



Nanaimo Hospital Auxiliary cont.

- Cash donations
- The Hospital Gift Shop
- The Auxiliary Thrift Store
- Craft Group Sales
- NRGH 50/50 staff lottery under the auspices of Gaming BC

The majority of the Auxiliary income is raised at the Thrift Store located at Northridge Plaza. Volunteers are all ages including high school and university students. Most volunteers are retired people looking to contribute to their community and to find an organization that is worthwhile, fun, and which provides camaraderie.

Thrift Store volunteers work 3.5-hour shifts, Tuesday to Saturday. There are approximately 10 volunteers each shift, including conveners, cashiers, sorters, and repairers, servicing in excess of 300 customers a day. Last year, Auxiliary volunteers donated over 42,000 hours of their time.

Beyond a great group of volunteers, credit for much of the success of the Auxiliary fund raising goes out to the community of Nanaimo for both their donations and patronization of the Thrift Store.



With an aging volunteer base, the Nanaimo Hospital Auxiliary is always looking for new volunteers to keep fundraising going.

More information here:

<https://nrghauxiliary.org/>

Volunteer Nanaimo Ongoing Programs



Our Watchdog Tech Team helps with your technology challenges and matches non-profit groups and individuals with used or refurbished tech equipment.

The Tax Program is accepting appointments to help people complete their tax returns on Fridays and Saturdays, through to the end of April. After that, we offer appointments once a month. Contact 250-758-7121.

Our offices house the **Autism Society's Library** of books and learning materials.

For more information call 250-758-7121, or check our website at www.volunteernanaimo.com

April 14 to 20 is Volunteer Week

A chance to acknowledge those who support the work of Volunteer Nanaimo, and all volunteers throughout our community.

THANK YOU ALL!

"Life's most urgent and persistent question is: What are you doing for others?"

Martin Luther King Jr.



Thanks to all who participated.



Winners will be notified after April 3 and names posted on our Facebook Page www.facebook.com/volunteernanaimo



We are very grateful

for your donations of washable worsted yarn to make blankets for seniors and others in our community.

Drop them off at our office
 Monday to Thursday
 9am to 3 pm.
Call 250-758-7121.
Email vn3148@gmail.com.



Volunteer Nanaimo Events for Seniors
 Games, Fun & Light Refreshments



Thurs. April 4 & Thurs. April 25
1-3pm
Volunteer Nanaimo
 3148 Barons Rd.
 RSVP Handinhandnanaimo@gmail.com
 250-667-1803

We welcome donations of warm socks, diapers, and feminine hygiene and personal care products.

Clients of the agencies we work with are always grateful for your contributions.

Drop them off at
 3148 Barons Road,
 Monday to Thursday
 9am to 3 pm.



Volunteer Nanaimo Youth Making a Difference!



In March, members of YouthNetwork and Youth 20/20 Can made a positive difference in their community by engaging in various activities.

They sang songs with seniors at Eden Gardens and helped garden at Kiwanis Village. Youth also volunteered with SPUD Patrol, distributing baked potatoes, and lent a helping hand at the Moose Lodge's Easter Dinner. They planted shrubs in their native plant garden at Beaufort Park, with more planting plans for April.

This month, youth had the opportunity to participate in free activities such as First Aid Training, a Tai Chi Workshop, and a Volunteer Appreciation Event at the Bloc Bouldering. They also engaged in meaningful dialogues with local leaders, including Councilors Hilary Eastmure and Janice Perrino, and Mayor Leonard Krog, discussing topics of importance to youth.

If you are between 11-29 years old and want to make a positive difference through volunteering, come be a part of Volunteer Nanaimo's youth programs. **s**

Youth Network is for youth ages 11-17, offering opportunities to volunteer at community events, participate in guitar lessons, and engage in fun activities. For more details, reach out to Cam, our Youth Network coordinator, at volunteernanaimo.youthnetwork@gmail.com.

Youth Can is for youths ages 15-29, empowering them to co-create meaningful projects and collaborate with community partners to bring their ideas to life. For inquiries, contact Anni, our youth engagement worker, at youth2020cannanaimo@gmail.com.

You can also support our youth programs by converting your empties into donations at the Regional Recycling Depot Nanaimo. Simply return your bottles and mention our charitable account name, Volunteer Nanaimo Youth.

All proceeds directly benefit our youth programs, enabling us to continue making a positive impact in the community.

***Join us
in creating change!***

YOUTH CAN

NATIVE PLANT GARDEN

Work Party

for youth ages 11-20

SATURDAY, APRIL 6
10 AM-12 PM
BEAUFORT PARK

Help us plant shrubs!
Email youth2020cannanaimo@gmail.com to sign up.

This newsletter is published monthly by Volunteer Nanaimo, which is solely responsible for its content.

www.volunteernanaimo.ca

Editor Lois Peterson

If you'd like to know more about anything you read here, or would like to contribute material, please email us at vn3148@gmail.com with 'Newsletter' in the subject line.

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