Volunteer Nanaimo



Dates to Remember

Monday, May 20 We are CLOSED



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Contact Us

3148E Barons Road Nanaimo, BC V9T 4B5

Phone: 250-758-7121 Email: vn3148@gmail.com Facebook: 'Volunteer Nanaimo'

Website:

http://www.volunteernanaimo.ca

Hours of Business: Mon. to Thurs. 9am to 3pm

May 2024



Member of the Month: Morrell Nature Sanctuary

The Morrell Nature Sanctuary is a 111-hectare conservation area near Nanaimo which was donated to the BC Land Commission in 1973 by William Morrell. The Nature Trust of BC later acquired ownership of the property in 1985 and leased it to the Morrell Sanctuary Society for Environmental Education which manages the site as a source of information, inspiration, understanding, awareness and enjoyment of nature.

Members of the Society serve as volunteers to support nature interpretation, trail maintenance, habitat restoration, invasive species removal, boardwalk construction, and many other tasks required to achieve the Society's goals for the sanctuary. Members can also volunteer to serve on the Board of Directors, Trail Maintenance and Nature Interpreting.

Morrell Nature Sanctuary is devoted to conservation, education, and recreation. As a protected area, the need to conserve the sanctuary's biological diversity and ecological integrity is of great importance. Conservation goals focus on ecosystem-level conservation objectives that aim to preserve the overall biodiversity contained within this coastal Douglas-fir rainshadow forest. It also serves as a teaching forest for environmental education.



Morrell Nature Sanctuary cont.

The various interpretive programs raise environmental awareness and bolster public appreciation for nature. Designed mainly for elementary and high school students, these programs describe native plants and animals and explain the ecological relationships between these organisms and their habitats. We are currently seeking nature interpreter volunteers. Our nature interpreter programs run from Mid-April to Mid-June each year. To get involved please visit our website: https://www.morrellnaturesanctuary.ca/get-involved or contact the office at: morrell@shawbiz.ca

Also required are volunteers for our trail maintenance program, meeting every Thursday from 9:20-11:30 am outside the Woods Room. Volunteers show up and choose a small project from the list that they feel comfortable with, we then meet for coffee, tea and treats afterwards. It's a great way to contribute and meet new people.

Contact Us: Phone: 250-753-5811
787 Nanaimo Lakes Rd. Nanaimo, BC, V9R 3C2
www.morrellnaturesanctuary.ca
https://www.facebook.com/morrell.sanctuary



Volunteer Nanaimo is excited to announce our new seniors' program

Silver Adventures Cafe!

The program is funded by New Horizons and is free to all seniors. Socialize, meet new friends, try new things and have fun!

Check out our May calendar of events...





| Sunday | Monday | Tuesday 1-3pm | Wednesday | Thursday 1-3pm | Friday | Saturday |
|--------|--------|--|-----------|---|--------|----------|
| | | | 1 | 2 Social & Cupcake decorating | 3 | 4 |
| 5 | 6 | 7 Bingo! | 8 | 9 Singsong with Cam & his Banjo | 10 | 11 |
| 12 | 13 | Watercolour Painting on Bookmarks | 15 | 16 Games Day | 17 | 18 |
| 19 | 20 | 21 Monthly Speaker New Dental Plan for seniors | 22 | 23 Cultural Experience Germany | 24 | 25 |
| 26 | 27 | 28 Let's Talk Gardening | 29 | 30 Basic Line Dancing *Note at the Moose Hall | 31 | |

All events at Volunteer Nanaimo 3148 Barons Rd. unless otherwise noted.

Please RSVP to silveradventurescafe@gmail.com

For more information visit www.volunteernanaimo.ca under the seniors tab or call Gwen at 250-667-1803



My Mom's the Best



Tell us - or show us in a picture - why your mom is the best.

And we'll enter your name to win a prize.

Or drop off your entry at our office at

3418 Barons Road

by Friday, May 10.

Draw takes place Sat., May 11 at the Craft Fair at 1 p.m. (see adjacent ad) Late entries welcome there and then. For children up to age 12.

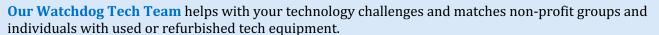
We welcome donations of warm socks, diapers, and feminine hygiene and personal care products.

Clients of the agencies we work with are always grateful for your contributions.

Drop them off at 3148 Barons Road, Monday to Thursday 9am to 3 pm.



Volunteer Nanaimo Ongoing Programs



The Tax Program is now accepting appointments to help people complete their tax returns once a month on Fridays. May 10, June 21, July 19. Contact 250-758-7121.

Our offices house the **Autism Society's Library** of books and learning materials.

For more information call 250-758-7121, or check our website at www.volunteernanaimo.com



Volunteer Nanaimo Youth Making a Difference!





Spring is here, and so are many wonderful youth activities.

In April, we celebrated Volunteer week and Earth Day. Our Youth Network and Youth 20/20 Can members planted native plants at our Beaufort Park native plant garden, pulled invasive species at Diver Lake, picked up garbage, and promoted volunteering and environmental stewardship at Nanaimo's Earth Day event.

We also volunteered at Volunteer Nanaimo's first Craft Market with proceeds supporting our youth programming.





Join us for Youth Week programs!

We invite all youth ages
11-29 years old to join our youth week events.
If you are interested in joining,
please email
youth2020cannanaimo@gmail.com.

This newsletter is published monthly by Volunteer Nanaimo, which is solely responsible for its content.

www.volunteernanaimo.ca

Editor Lois Peterson

If you'd like to know more about anything you read here, or would like to contribute material, please email us at vn3148@gmail.com with 'Newsletter' in the subject line.

