

# Volunteer Nanaimo



## Dates to Remember

**Monday, May 20**  
We are CLOSED



*May*  
**2024**



## *Member of the Month:*

*Morrell Nature Sanctuary*

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Youth Network

## Contact Us

**3148E Barons Road**  
Nanaimo, BC  
V9T 4B5

**Phone:** 250-758-7121

**Email:** vn3148@gmail.com

**Facebook:** 'Volunteer Nanaimo'

**Website:**

<http://www.volunteernanaimo.ca>

**Hours of Business:**  
**Mon. to Thurs. 9am to 3pm**

The Morrell Nature Sanctuary is a 111-hectare conservation area near Nanaimo which was donated to the BC Land Commission in 1973 by William Morrell. The Nature Trust of BC later acquired ownership of the property in 1985 and leased it to the Morrell Sanctuary Society for Environmental Education which manages the site as a source of information, inspiration, understanding, awareness and enjoyment of nature.

Members of the Society serve as volunteers to support nature interpretation, trail maintenance, habitat restoration, invasive species removal, boardwalk construction, and many other tasks required to achieve the Society's goals for the sanctuary. Members can also volunteer to serve on the Board of Directors, Trail Maintenance and Nature Interpreting.

Morrell Nature Sanctuary is devoted to conservation, education, and recreation. As a protected area, the need to conserve the sanctuary's biological diversity and ecological integrity is of great importance. Conservation goals focus on ecosystem-level conservation objectives that aim to preserve the overall biodiversity contained within this coastal Douglas-fir rain-shadow forest. It also serves as a teaching forest for environmental education.



## Morrell Nature Sanctuary cont.

The various interpretive programs raise environmental awareness and bolster public appreciation for nature. Designed mainly for elementary and high school students, these programs describe native plants and animals and explain the ecological relationships between these organisms and their habitats. We are currently seeking nature interpreter volunteers. Our nature interpreter programs run from Mid-April to Mid-June each year. To get involved please visit our website: <https://www.morrellnaturesanctuary.ca/get-involved> or contact the office at: [morrell@shawbiz.ca](mailto:morrell@shawbiz.ca)

Also required are volunteers for our trail maintenance program, meeting every Thursday from 9:20-11:30 am outside the Woods Room. Volunteers show up and choose a small project from the list that they feel comfortable with, we then meet for coffee, tea and treats afterwards. **It's a great way to contribute and meet new people.**

**Contact Us:** Phone: 250-753-5811  
 787 Nanaimo Lakes Rd. Nanaimo, BC, V9R 3C2  
[www.morrellnaturesanctuary.ca](http://www.morrellnaturesanctuary.ca)  
<https://www.facebook.com/morrell.sanctuary>

**CHANGING TIDES CONFERENCE**  
 Community Engagement Training  
 Hosted by Volunteer BC,  
 Networking for NonProfits and Volunteer Nanaimo  
**May 29, 2024 (Wednesday)**  
**8:30 am - 3:00 pm**  
**Line-up includes:**  
 Risk Management, Board Recruitment & Retention,  
 Grants, Marketing  
 Panel: Breakthrough Strategies for NonProfits  
**Beban Park Social Centre**  
**Nanaimo, BC**  
 Cost (incl. lunch): \$75.00 (Early bird by May 10, 2024)  
 \$90.00 after  
 Registration forms, speaker bios and topics to follow.

Logos for Volunteer BC, BoardVoice, Cowichan, and British Columbia are at the bottom.

Volunteer Nanaimo is excited to announce our new seniors' program

## Silver Adventures Cafe!

The program is funded by New Horizons and is free to all seniors. Socialize, meet new friends, try new things and have fun!

*Check out our May calendar of events...*

**Silver Adventures Cafe May**

Sunday	Monday	Tuesday 1-3pm	Wednesday	Thursday 1-3pm	Friday	Saturday
			1	2 Social & Cupcake decorating	3	4
5	6	7 Bingo!	8	9 Singsong with Cam & his Banjo	10	11
12	13	14 Watercolour Painting on Bookmarks	15	16 Games Day	17	18
19	20	21 Monthly Speaker New Dental Plan for seniors	22	23 Cultural Experience Germany	24	25
26	27	28 Let's Talk Gardening	29	30 Basic Line Dancing *Note at the Moose Hall	31	

All events at Volunteer Nanaimo 3148 Barons Rd. unless otherwise noted.  
 Please RSVP to [silveradventurescafe@gmail.com](mailto:silveradventurescafe@gmail.com)

For more information visit [www.volunteernanaimo.ca](http://www.volunteernanaimo.ca) under the seniors tab or call Gwen at 250-667-1803



## My Mom's the Best



**Tell us – or show us in a picture – why your mom is the best.**

And we'll enter your name to win a prize.  
**Or drop off your entry at our office at  
 3418 Barons Road  
 by Friday, May 10.**

Draw takes place Sat., May 11  
 at the Craft Fair at 1 p.m. (see adjacent ad)  
**Late entries welcome there and then.**  
*For children up to age 12.*

**We welcome donations of warm socks, diapers, and feminine hygiene and personal care products.**

Clients of the agencies we work with are always grateful for your contributions.

*Drop them off at  
 3148 Barons Road,  
 Monday to Thursday  
 9am to 3 pm.*





**Monthly Market**  
**Saturday**  
**May 11th**  
**11am - 4pm**

**St. Andrews Presbyterian Church**  
**4235 Departure Bay Rd**  
 ( behind Country Club Mall )

**Featuring LOCAL, handmade, unique gifts for all occasions – birthday, holiday, or just because like shopping for the ...**



**Net proceeds support**  
**Volunteer Nanaimo Youth Programs**

## Volunteer Nanaimo Ongoing Programs



**Our Watchdog Tech Team** helps with your technology challenges and matches non-profit groups and individuals with used or refurbished tech equipment.

**The Tax Program** is now accepting appointments to help people complete their tax returns once a month on Fridays. May 10, June 21, July 19. Contact 250-758-7121.

Our offices house the **Autism Society's Library** of books and learning materials.

**For more information** call 250-758-7121, or check our website at [www.volunteernanaimo.com](http://www.volunteernanaimo.com)

# Volunteer Nanaimo Youth Making a Difference!



**Spring is here, and so are many wonderful youth activities.**

In April, we celebrated Volunteer week and Earth Day. Our Youth Network and Youth 20/20 Can members planted native plants at our Beaufort Park native plant garden, pulled invasive species at Diver Lake, picked up garbage, and promoted volunteering and environmental stewardship at Nanaimo’s Earth Day event.

We also volunteered at Volunteer Nanaimo’s first Craft Market with proceeds supporting our youth programming.



**Celebrating BC**

## YOUTH WEEK

May 1 - 7

**Wednesday, May 1**  
 Planning Meeting (learn how to plan events)  
 6-7:30 PM at Volunteer Nanaimo

**Sunday, May 5**  
 Diver Lake Work Party to pull invasive plants  
 10 AM-12 PM at Diver Lake Park

**Monday, May 6**  
 Identify & Media Workshop  
 6-8 PM at Volunteer Nanaimo

**Tuesday, May 7**  
 Guitar Lesson for beginners  
 5-6 PM at Volunteer Nanaimo

**Free Activities!**  
 for youth 11-29 years!

Join our activities and learn about volunteering.  
 To sign up, scan the QR code  
 or email [youth2020cannanaimo@gmail.com](mailto:youth2020cannanaimo@gmail.com)

Location:  
 Volunteer Nanaimo Office  
 E-3148 Barons Rd.

**Join us for Youth Week programs!**

We invite all youth ages 11-29 years old to join our youth week events. If you are interested in joining, please email [youth2020cannanaimo@gmail.com](mailto:youth2020cannanaimo@gmail.com).

This newsletter is published monthly by Volunteer Nanaimo, which is solely responsible for its content.  
[www.volunteernanaimo.ca](http://www.volunteernanaimo.ca)

Editor Lois Peterson

If you'd like to know more about anything you read here, or would like to contribute material, please email us at [vn3148@gmail.com](mailto:vn3148@gmail.com) with 'Newsletter' in the subject line.

We gratefully acknowledge the support of the Province of British Columbia – Gaming Commission

