

Volunteer Nanaimo



Dates to Remember

Our office is CLOSED

Monday, Sept. 2
for Labour Day

Monday, Sept. 30
for National Day
of Truth and Reconciliation



Member of the Month: *Nanaimo Chamber Orchestra*

The Nanaimo Chamber Orchestra is a string ensemble, a community group that includes promising teenagers, music professionals/ teachers, and talented amateurs drawn from the mid-Island area. We rehearse weekly to prepare for three concerts during our calendar year. The orchestra is a non-profit/registered charity whose mandate is to mentor young string players and to provide classical music entertainment for people in the region.

The NCO began its life in 2004, and since 2005 has been directed by teacher and violinist Karl Rainer. As is customary with a chamber group, there is no conductor; Karl directs from the First Violin chair. The repertoire varies from standard Baroque music by composers such as Vivaldi, J. S. Bach, Telemann and Handel, to works by Haydn, Mozart and Mendelssohn. And includes 20th Century music by Elgar, Bartok, and Vaughan-Williams, among many others.

The orchestra has grown from its original size of 12 players to around 25 to 30 (depending on the season). Due to the inclusion of students – who move on to further education – there is a continual turnover in membership. Over the years, there have been about 50 young musicians who have passed through the ranks of the NCO, adding to their musical education and experiencing orchestral playing in all its dimensions.



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Contact Us

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Nanaimo, BC
V9T 4B5

Phone: 250-758-7121

Email: vn3148@gmail.com

Facebook: 'Volunteer Nanaimo'

Website:

<http://www.volunteernanaimo.ca>

Hours of Business:
Mon. to Thurs. 9am to 3pm

Nanaimo Chamber Orchestra cont.

The orchestra holds an annual Concerto Competition during which talented music students from the Mid-Island area perform an adjudicated solo work that can be played with the string orchestra – this can be on any instrument. The winner is awarded a cash prize and invited to perform with the orchestra in June.\

All our concerts are matinees, and run from 2:30 to 4:30 p.m. with an intermission. For the 2024/25 season we will be playing at St. Andrews Presbyterian Church at 4235 Departure Bay Road on November 2nd, March 1st, and June 7th. The same repertoire will be performed in Ladysmith at St. Mary’s Church on November 3rd, March 2nd, and June 8th.

Look for more information on our website, www.nanaimochamberorchestra.com .
And on Facebook: ‘NCO NanaimoChamberOrchestra’

SEE YOU THERE!



Silver Adventures Cafe!

Our Silver Adventures Cafe seniors’ program is in full swing. We have had a busy fun summer of events! Come join us. The program is FREE for seniors. Check out our September calendar...

Please note We need seniors to register for events so we have supplies ready and space available.

We are excited to share that on Sept. 26th we will have a special presentation with Constable Gary O’Brien on **Fraud & Scams Everything You Need to Know.** This event will start at 2pm at Long Lake Chateau. **RSVP to silveradventurescafe@gmail.com**



Silver Adventures Cafe

September

FREE SENIORS PROGRAM

Sunday	Monday	Tuesday 1-3pm	Wednesday	Thursday 1-3pm	Friday	Saturday
1	2	3 Games Day	4	5 Cribbage	6	7
8	9	10 Service Project	11	12 Line Dancing <i>*Note at the Moose Hall</i>	13	14
15	16	17 Bingo	18	19 Cultural Experience Italy	20	21
22	23	24 Open House Silver Adventures Cafe	25	26 Fraud & Scams <i>*Note 2pm at Longlake Chateau</i>	27	28
29	30					

All events at Volunteer Nanaimo 3148 Barons Rd. unless otherwise noted.
Please RSVP to silveradventurescafe@gmail.com

For more information visit www.volunteernanaimo.ca under the seniors tab or call Gwen at 250-667-1803

The program is funded by New Horizons and is free to all seniors. Socialize, meet new friends, try new things and have fun!



Help give our kids a good start to the school year

BACK To SCHOOL

We seek donations of

- Backpacks
Good as new, please
- Runners
Good as new, please
- School supplies
- Binders
- Lined loose leaf paper
- Drinking boxes
- Packaged snacks
- Water bottles

Drop off your donations at Volunteer Nanaimo
E-3148 Barons Road
Monday to Thursday
9am to 3pm

Thank You!

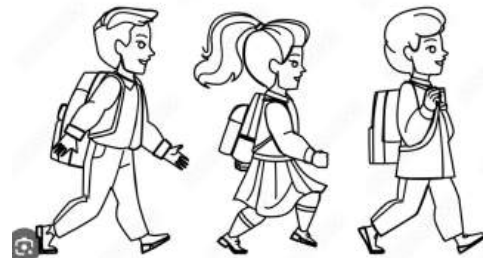
Volunteer Nanaimo
www.volunteernanaimo.ca | vn3148@gmail.com | 250-758-7121

Monthly Market
Saturday
September 14th
11am - 4pm

St. Andrews Presbyterian Church
4235 Departure Bay Rd
(behind Country Club Mall)

Featuring LOCAL, handmade, unique gifts for all occasions – birthday, holiday, or just because

Net proceeds support Volunteer Nanaimo Youth Programs



Volunteer Nanaimo Ongoing Programs

Our Watchdog Tech Team helps with your technology challenges and matches non-profit groups and individuals with used or refurbished tech equipment.

The Tax Program is now accepting appointments once a month on Fridays to help people complete their tax returns. Contact 250-758-7121 for more information or to book an appointment.

Our offices house the **Autism Society's Library** of books and learning materials.

For more information call 250-758-7121, or check our website at www.volunteernanaimo.com

Volunteer Nanaimo Youth Making a Difference!



*It has been a fun summer
full of exciting volunteer opportunities
for our youth programs!*

In July we volunteered at Maffeo Sutton Park on Canada Day, entered the Nanaimo Child Development Centre's annual Silly Boat Regatta, ran the children's play area at VegFest, and walked in the Bathtub Weekend parade.

In August we removed invasive species at our adopted park Diver Lake, volunteered at the Nanaimo Blues Festival, joined SPUD Patrol handing out baked potatoes to those in need, face painted at the Soap Box Derby, and hosted guitar night at the food forest.

We have also been at Growing Opportunities farm and the Beaufort Park Food Forest each week learning so much about what it takes to grow food!

If you are between 11-29 years old and want to make a positive difference through volunteering, come be a part of Volunteer Nanaimo's youth programs.

Youth Network is for youth ages 11-17, offering opportunities to volunteer at community events, participate in guitar lessons, and engage in fun activities. For more details, reach out to Cam, our Youth Network coordinator, at volunteernanaimo.youthnetwork@gmail.com. **Youth Can** is for youths ages 15-29, empowering them to co-create meaningful projects and collaborate with community partners to bring their ideas to life.

For inquiries, contact Anni, our youth engagement worker, at youth2020cannanaimo@gmail.com.

YOU can support our youth programs by converting your empties into donations at the Regional Recycling Depot Nanaimo. Simply return your bottles and mention our charitable account name, Volunteer Nanaimo Youth.

All proceeds will directly benefit our youth programs, enabling us to continue making a positive impact in the community. **Join us in creating change!**



This newsletter is published monthly by Volunteer Nanaimo, which is solely responsible for its content.

www.volunteernanaimo.ca

Editor Lois Peterson

If you'd like to know more about anything you read here, or would like to contribute material, please email us at vn3148@gmail.com with 'Newsletter' in the subject line.

We gratefully acknowledge the support of the Province of British Columbia – Gaming Commission

