

Volunteer Nanaimo



Dates to Remember

We are CLOSED

Monday, October 14



Member of the Month: Big Brothers Big Sisters of Central Vancouver Island

Big Deals Boutique:

More Than Just Thrifting, It's Giving Back

For over 55 years, Big Brothers Big Sisters of Central Vancouver Island (BBBSCVI) has been enriching the lives of children in the central Island community.

Big Deals Boutique serves as a vibrant social enterprise, channeling the spirit of giving back through every stylish purchase you make.

Nanaimo's Big Deals Boutique isn't your ordinary thrift store. It's a haven for fashion finds, a champion of sustainability, and a cornerstone of community support, all rolled into one.

Step inside Big Deals and prepare to be dazzled. Racks overflow with trendy clothing for women and men. Carefully curated and meticulously organized, you'll find a blend of contemporary pieces and timeless vintage finds. Big Deals Boutique offers exceptional quality at unbeatable prices with our iconic \$15 bag sale.

But the true magic of Big Deals Boutique lies beyond the trendy threads. Every purchase you make directly supports BBBSCVI's impactful mentoring programs. These carefully-matched pairs foster positive relationships that empower young people to reach their full potential. By shopping at Big Deals, you're not just getting a great deal; you're directly contributing to building a brighter future for youth in Nanaimo.

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Contact Us

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Phone: 250-758-7121

Email: vn3148@gmail.com

Facebook: 'Volunteer Nanaimo'

Website:

<http://www.volunteernanaimo.ca>

Hours of Business:
Mon. to Thurs. 9am to 3pm



Big Brothers Big Sisters of Central Vancouver Island cont.

This is what elevates Big Deals Boutique in the Community:

Quality You Can Trust: Forget the dusty aisles of the past. Big Deals Boutique boasts high-quality, gently-used clothing, handpicked for its style and relevance.

Sustainable Style: Embrace a more eco-conscious approach to fashion. Choose pre-loved garments and minimize your environmental footprint.

Community Impact: Every dollar you spend supports BBBSCVI's diverse mentoring programs, fostering positive change through:

Community Mentorship: Connecting children with caring adults in a traditional one-on-one setting.

In-School Mentorship: Providing support and guidance within the school environment.

Teen Mentors: Empowering young adults to become role models for younger children.

Group Programs: Creating opportunities for positive peer interactions and social development.

So, ditch the fast fashion cycle and join the conscious consumer movement. Head down to Big Deals Boutique for a guilt-free shopping spree that not only pampers your personal style but also makes a tangible difference in your community.

VISIT US SOON.

2030 Northfield Rd, Nanaimo BC
@bigdealsboutique on Instagram



Volunteer Nanaimo continues to offer this exciting seniors' program

Silver Adventures Cafe!

The program is funded by New Horizons for Seniors Program and is free to all. Socialize, meet new friends, try new things and have fun!

See what we have lined up for you in October.



Silver Adventures Cafe

October

FREE SENIORS PROGRAM

Sunday	Monday	Tuesday 1-3pm	Wednesday	Thursday 1-3pm	Friday	Saturday
		1 Bingo <small>*Note at St. Andrews Presbyterian Church</small>	2	3 Cribbage	4	5
6	7	8 Singsong with Cam on the Banjo	9	10 Line Dancing <small>*Note at the Moose Hall</small>	11	12
13	14 Happy Thanksgiving	15 Discover your Nutrition Status	16	17 Paper Play Art	18	19
20	21	22 Service Project for NCDC Christmas Breakfast	23	24 Cultural Experience Mexico	25	26
27	28	29 Conversation Cafe	30	31 Laughter Yoga		



All events at Volunteer Nanaimo 3148 Barons Rd. unless otherwise noted.
Please RSVP to silveradventurescafe@gmail.com



For more information visit www.volunteernanaimo.ca under the seniors tab or call Gwen at 250-667-1803



Volunteer Nanaimo is now recruiting Angels for our Christmas Angel program.

We are looking for people just like you to help less fortunate families, seniors and vulnerable youth to enjoy a Happy Christmas!


To share in the joy of making a memorable holiday for someone else, give us a call at 250-758-7121 or email: vnanaimo@gmail.com.

In 2023 we were able to positively affect nearly 500 households (over 1,500 individuals) of low-income families, seniors and vulnerable youth.

If you are not in a position to adopt a family, senior or individual on your own, please consider contributing personal hygiene products, or a small gift card of \$10 or more from any grocery store or Tim's, Subway, etc.

Thank you.

Volunteer Nanaimo Ongoing Programs



Our Watchdog Tech Team helps with your technology challenges and matches non-profit groups and individuals with used or refurbished tech equipment.

The Tax Program is accepting appointments to help people complete their tax returns on Friday, October 18 and November 15. Contact 250-758-7121 for more information or to make an appointment.

Our offices house the **Autism Society's Library** of books and learning materials.

For more information call 250-758-7121, or check our website at www.volunteernanaimo.com

Volunteer Nanaimo Youth Making a Difference!



Volunteer Nanaimo
offers young people the opportunity
to develop leadership skills
while making a positive impact in the community
through volunteering.

What's New? September has been a month of transition as we merge our youth programs, Youth Can and Youth Network, into one: **Youth Network**.

At Youth Network, youth between the ages of 11 and 29 participate in community events, enjoy free guitar lessons, and engage in a variety of fun and meaningful activities. They also have the chance to collaborate with community partners on projects that directly address local needs.

Through Youth Network, participants can: Join free workshops; Build connections with peers; Gain valuable employment skills; Make new friends; Have fun while leading meaningful change in the community

If you are interested in volunteering, contact Cam Sim, volunteernanaimo.youthnetwork@gmail.com.

We also welcome partnerships with community groups, non-profit organizations, and businesses.

If you're interested in collaborating with us, get in touch!

In September, youth cared for their native plant garden at Beaufort Park Food Forest and joined the Rivers Day celebrations. We hosted a booth for kids at the Vancouver Island Exhibition and Autism Expo, offering fun games and prizes for children.

We also joined the National Day for Truth and Reconciliation to honour the children who never returned home and survivors of residential schools, as well as their families and communities.

Upcoming Events:

- **Garbage Clean-Up** with VIU Eco Club – Monday, October 7
- **Invasive Plant Removal** at Diver Lake – Friday, October 11
- **Pruning Workshop** with Susan Fisher – Saturday, October 19
- **Halloween for Hunger** – Help collect non-perishable food items for community members in need. Contact us for more details!
- **Halloween Movie Night** – Monday, October 28

We invite everyone to join us for these exciting events! For more information, please reach out.

Support Youth Programs

You can help fund our program by donating your empties at the **Regional Recycling Depot in Nanaimo**. Simply mention '**Volunteer Nanaimo Youth**' when returning your bottles, and all proceeds will directly support our youth initiatives, helping us continue to make a difference in our community.



Let's work together to create positive change!

This newsletter is published monthly by Volunteer Nanaimo, which is solely responsible for its content.

www.volunteernanaimo.ca

Editor Lois Peterson

If you'd like to know more about anything you read here, or would like to contribute material, please email us at vn3148@gmail.com with 'Newsletter' in the subject line.

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